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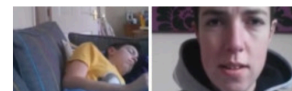
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What if Breast Isn't Best?

Posted: 12/07/2012 17:07 BST | Updated: 11/09/2012 10:12 BST



This blogpost will probably be very contentious, not least because the subject matter divides women (and men and experts from varying fields) and inspires extreme emotion but I'm going to go ahead and say what I came to say, and I'm going to capitalise it, just to make my point crystal clear.

So, despite what the "experts" say and despite what you might read both online and in print, NOT ALL WOMEN CAN BREASTFEED. it's not always a case of SUPPLY AND DEMAND and sometimes, in fact, more often than we ladies are led to believe, WE SIMPLY DON'T HAVE ENOUGH MILK TO FEED OUR BABIES DESPITE OUR BEST EFFORTS.

There, that's my frustrations dealt with, now I can tell you why I feel this way....

My son was born by elective caesarean section on 27 March this year because he was breech. The first night he spent outside the womb, he screamed and screamed and screamed as I desperately tried to satisfy him with the teeny tiny droplets of colostrum that I was producing but to no avail; in the end, in the wee small hours, he was taken away from me and given a bottle of formula by one of the midwives on duty.

Before he was born I had read all the books about breastfeeding and I knew it might be challenging, but at no point did I consider the fact that I simply might have no food to offer him. So, anxious in the extreme, I spoke to the lactation consultant at the hospital the next day.

When he was born, I was told he didn't have enough milk to feed him and that I should

To read the rest, click here:

<http://www.huffingtonpost.co.uk/sarah-cawood/what-if-breast-isnt-best>

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