

# GET THE LOOK!



**EVA LONGORIA**  
SEXY, BIG HAIR

THE MODERN 'BIG HAIR' LOOK IS BOUNCY, FULL OF VOLUME, YET SHIMMERING SLEEK.

**1** Start by washing and conditioning hair with suitable volumising products (organic of course dahlings), such as Rahua's Voluminous Shampoo £26.00 and accompanying conditioner £27.50 [urbanretreat.co.uk/beautique](http://urbanretreat.co.uk/beautique)

**2** After towel drying, apply a thickening treatment all over the scalp and massage in. I love Phytostim hair fortifying spray. £35.00 [beautybay.com](http://beautybay.com)

**3** For an instant effect, boost roots with James Foward's Thermo Plasticity Volumising Spray, £17.00 [maisondanu.co.uk](http://maisondanu.co.uk)

**4** Next, use a small amount of good organic hair mouse throughout your mane for bounce and shine. YM loves Organic Control Systems Volume Mousse, £11.95, [organicsalonsystems.com](http://organicsalonsystems.com)

**5** Blow dry using a big, round bristle brush, lifting at the roots before drying down the lengths. If your ends are dry, work a little serum through them before drying. I personally prefer a good ole' hair oil and love Fushi's 100% natural, aptly named Really Good Hair Oil. £15.95 [fushi.co.uk](http://fushi.co.uk)

**6** Once dry, the magic can truly happen. Be brave and backcomb! Separate hair into sections and really go for those roots with a fine-toothed comb or bristle brush. Smooth hair over backcombed sections (i.e. so you no longer look like a crazy person).

**7** Section hair and glide a ghd Gold Max styler £119.00 [ghdhair.com](http://ghdhair.com) down the length of the hair, before wrapping the ends under and rolling up towards the head. Hold for 5 seconds, then release.

**8** Spritz with a firm hold hairspray such as Phytolaque £15.50 [bathandunwind.com](http://bathandunwind.com), give your head a gentle shake and release your glossy waves with reckless abandon!