

# Brilliant Balmy Goodness

The YM top three natural cleansing balms for glowing skin and spa-style pampering at home



## For when you don't have time to be faffing about with a muslin cloth

Vaishaly's award-winning Cleansing Balm smooths onto skin sensuously and cleverly emulsifies with water so no muslin cloth is required. Containing nourishing sweet almond and olive oils to soothe whilst cleansing, this decadent product also elates the mind with evocative scents of lavender and Ylang Ylang. £69

[vaishaly.com](http://vaishaly.com)

## For when you fancy a bit of Irish charm with your cleansing!

Soil Association certified Organic brand Voya is one of my favourite eco-chic beauty brands, and their Totally Balmy Cleansing Balm truly is a cleansing godsend. Infused with antioxidant-rich Irish seaweed extracts and euphoric scents of rose and bergamot, this product will transform your skin and your bathroom into an aromatic spa paradise. £51 [voya.ie](http://voya.ie)

## For when you need a celebrity facialist but don't have the time!

It's no wonder Emma Hardie's Amazing Face Professional Cleansing System won a Green Beauty Bible award. I get excited every time I use this 'spa in a box', which contains a heavenly scented balm infused with wild sea fennel and neroli to deep cleanse and minimise pores. Mix in the crushed rosehip seeds provided twice a week to exfoliate dull complexions, and remove with the dual sided muslin cloth to reveal radiant skin. £42 [emmahardie.com](http://emmahardie.com)



**WIN**  
an Emma Hardie  
Amazing Face  
Professional  
Cleansing System

by answering this simple question:  
What seeds are crushed to make  
Emma Hardie's exfoliating product?

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EMMA HARDIE COMPETITION with your name and address to  
[win@yogamagazine.com](mailto:win@yogamagazine.com) Closing date: 26th April 2012

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