



Be a hopeless romantic!



As you have probably gathered, a wedding takes a lot of preparation and planning. But spare a thought for your relationship as you and your groom-to-be jump feet first into organising the big day. **Laura Bury** gives some top tips on staying loved up while you and your amour are planning the wedding.



A DATE FOR YOUR DIARY

Keep one night each week free for a date night with your hubby-to-be. Whether it's dinner and dancing, or a night in with a bag of popcorn and a DVD, put your wedding plans on hold, ban all talk of preparations and enjoy a romantic evening together.

DINNER DATE

Sometimes it's the little things that can make your day. So forget about dinner in front of the telly – break out those candles, dust off that fine china and make it a special occasion. It may just be a pizza, but it's who you're with and the effort you put in that counts.

COMPLIMENTS

Compliment each other. Let him know his bum is still the best in the business and he makes you laugh more than

Ricky Gervais – of course, don't forget he has to remind you how much you look like Megan Fox and that when you dance it's like watching Shakira.

AFFECTION RULES

There's nothing like human contact to reignite those flames of passion. So ban all peck-on-the-cheek antics. Only a full-blown, tongue-in-cheek (well, in mouth) will do.

CUT THE PHONE LINES

When you're planning a wedding it may seem like every phone call, email and text you get is about your big day. If you and your fiancé really want to forget it all for a few hours, then you'll have to cut all connection with the outside world. Switch off your mobile, plug out the computer and take your phone off the hook. Unless your wedding planner

or mother-in-law-to-be can source a carrier pigeon, you'll both be free to enjoy a night of uninterrupted snuggling.

ALL LOVED UP

Marriage is the ultimate proclamation of love, but that doesn't mean you should stop uttering those all-important three little words. Say I love you at least once a day, whether it's a note on the fridge door or an email – it can't hurt to be reminded!

TAKE A TRIP

You're probably saving every penny for the big day, but if you can find a relative or friend's house in the country, pop down for a night so you can get away from family, friends and all talk of the impending wedding. You could also pack some sexy underwear and get some practice in for the wedding night...!