

CURATED CHRISTMAS BEAUTY BESTS

OUR BEAUTY EDITOR HAS HAND-PICKED SOME OF HER FAVOURITE TRIED-AND-TESTED BEAUTY FAVOURITES FOR YOU TO ENJOY OVER THE FESTIVE PERIOD.

NUTURE PLANT BASED SKINCARE

New brand Nuture has created a range of gorgeous plant-based skincare products designed to care for all skin concerns, including scars, stretch marks and post blemish marks. The treatment oils, creams and serums are free from nasties and highly effective. www.nutureskin.com

THE ORGANIC PHARMACY DETOX

This super supplement from the Organic Pharmacy contains dandelion, fennel, chlorella and a plethora of other highly effective ingredients, designed to support the detoxification of the whole body – an ideal remedy for some seasonal over-indulgence. www.theorganicpharmacy.com

ARTISTRY STUDIO NYC EDITION LASH-BOOSTING 3-IN-1 MASCARA

This excellent, award-winning mascara in Gotham Black volumises, lifts, conditions and lasts. It features an adjustable wand so you can tailor your application and look. www.amway.co.uk

REGULAR GIRL

Keep your tummy happy with this innovative probiotic and fibre blend. Just one serving of Regular Girl contains a whopping eight-billion clinically proven probiotics which boost immunity, mood and other bodily functions. www.regulargirl.com

MANTA MIRROR HEALTHY HAIRBRUSH

The multi-award winning Manta features a handy mirror for on-the-go touch-ups and it works wonders, taming even unruly locks without damaging your hair. www.mantahair.com

DANIEL SANDLER WATERCOLOUR LIQUID CHEEK COLOURS AND CUSTOMISABLE CHEEK SET

For a sheer, easy to apply pop of colour to give a natural healthy glow to even the palest cheeks, this is a must. The lightweight formulation is versatile and rub-proof and is now available in a customisable set. www.danielsandler.com

4711 FLORAL COLLECTION

With elegant nuances of rose, jasmine and lilac, 4711's new floral collection of fragrances are inspired by the original eau de cologne combined with feminine and mellow touches. www.boots.com

BALANCE ME LIMITED-EDITION SETS

Prettily packaged in recyclable gift boxes, the Dawn to Dusk and Beauty Sleep sets are a perfect gift that will be appreciated by any loved one needing a little self-care. www.balanceme.com

ELIXSERI – OPENING ACT SERUM

This acclaimed Swiss brand's gentle overnight re-surfacers uses lactic acid and tropical-fruit ferments to work while you sleep, leaving skin beautifully smooth, soft and glowing. www.elixseri.com

LEG MASTER SLIM

This is the ideal solution to keeping your legs trim and core tight when getting out and about is a challenge. Clinically-proven Leg

Master Slim is a portable, lightweight, muscle-strengthening exercise device you can use even while sitting at a home-office desk. www.legmaster.co.uk

DELILAH GIFT COLLECTIONS

These two collections make lovely presents. Stay the Night features three super-smooth, long-lasting shadow sticks which come with a handy sharpener. Nude Lip Collection includes a lip liner, colour-intense lipstick and finishing gloss. Both Collections come in gorgeously flattering neutral shades. They are paraben free and vegan friendly too. www.delilahcosmetics.com

THE ORGANIC PHARMACY ORANGE-BLOSSOM FRAGRANCE

Another excellent product from The Organic Pharmacy, this simply beautiful and uplifting fragrance evokes memories of much-missed warm Summer days. Fresh notes of Brazilian tangerine, green mandarin and sweet orange are tempered with precious Moroccan orange blossom and rosewood. www.theorganicpharmacy.com

WILD BEAUTY FROM RHUG ESTATE

This new Soil Association-certified skincare collection uses wild foraged and organic ingredients from the idyllic Rhug Estate in North Wales. The Protecting Day Cream is beautifully packaged, highly effective and lovely to apply. www.rhugwildbeauty.com

OUR REMEDY, MOON SWINGS OIL

Designed to help balance hormones and help you sleep, this pleasant tasting and effective elixir contains CBD, peppermint and clary sage. It's vegan, sustainably packaged and for each bottle sold, the company donates to charity. www.ourremedy.co.uk

DR LEVY GIFT SETS

Exclusive for Christmas, and launched with a women's charity, Savera UK, as part of their Self Worth, a Gift Worth Giving Campaign, these three gift sets feature the brand's hero products. An ideal present for a loved one in need of some pampering. www.cultbeauty.co.uk

GLO'UP! BY FREYA & BAILEY

An ideal facial cleanser for those prone to blemishes and breakouts. It contains soothing oat silk, and essential fatty acids and vitamins to help neutralise the effects of stress, free radicals and pollution. It's over 98 per cent natural too. www.freyaandbailey.com

PMD CLEAN PRO GOLD

For the ultimate in skincare luxury, this wonderful product cleans and massages your skin in a unique way. It combines self-heating Activewarmth technology with precious metals to give you a spa-worthy skincare routine from home. On one side silicone bristles gently deep cleanse and stimulate collagen production, and the other features heated gold massage plates to open pores allowing your skincare products to be fully absorbed, leaving your complexion looking and feeling absolutely radiant. www.uk.pmdbeauty.com

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